



Wellness
Is In Your
Water

**Why Healthy People
Drink Hexagonal Kangen Water**

Prepared by Integrative Research Reports, LLC
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Are You Overly Acidic?



When your cells, tissues, and interstitial fluids are overly acidic, you are more likely to experience the following effects:

- Tire easily and become fatigued
- Find it more difficult to think clearly (brain fog)
- Develop a pessimistic outlook on life
- Lack the energy and vital spark to achieve your goals and aspirations
- More frequent colds, flu, allergies and respiratory ailments
- Experience stiffness, joint pain and arthritis
- Experience chronic fatigue, chemical sensitivities or fibromyalgia
- Experience chronic long-term medical problems like high blood pressure, auto-immune disorders, cancer, heart disease, diabetes, or inflammation
- Retain toxins and heavy metals

According to physician Susan Lark, MD, the following lifestyle factors increase the acid load on our bodies:

- Physical and mental stress which reduce oxygenation and blood flow and increase muscle tension
- Strong emotions like anger, fear, hostility, or excitement, which produce adrenaline surges
- Vigorous exercise which produces lactic acid, pyruvic acid and CO₂, decreasing muscle pH
- Frequent air plane travel with cabin air lower in oxygen and higher in CO₂

"My body was in crisis from years of a high stress job, air travel, moving several times, negative changes in financial picture, divorce, and trying to lose weight for a decade. I had pain everywhere, I slept poorly, was constantly fatigued, and nothing would allow me to lose weight despite supplements, working out, detox diets and food restriction. My thyroid function was impaired, according to medical tests. From the first glass of hexagonal Kangen water I drank, my pain level lessened significantly. I began to lose weight, and now have far more energy for work and life." *M. M. Bend, Oregon*

Symptoms of Over-Acidity

- | | |
|--------------|--------------------|
| Acid reflux | Joint pain |
| Weight gain | Memory loss |
| Headaches | Fatigue |
| Muscle aches | Frequent colds |
| Depression | Chronic infections |
| Allergies | |



Not All Water Is Created Equal

Are you drinking water that supports wellness, or water that is aging you with acid? Hexagonal Kangen water™ is produced through ionization, which alters its structure and characteristics to make it more supportive of wellness.

- Ionization lowers the electrical charge (mV) of the water, creating a negative oxidation reduction potential (ORP) which makes it a potent anti-oxidant.
- Ionization creates hexagonal water clusters that are smaller and more easily absorbed by the body and deeply hydrates the cells.
- Hexagonal Kangen water provides ionic alkaline minerals that are easily absorbed.
- Ionization alters the hertz frequencies to aid in removing acids through the kidneys, lymph, bowel and skin
- In the body, hexagonal water changes cell membrane electrical potential which improves the exchange of fluids and removal of waste.
- Ionization infuses water with abundant free electrons, providing a way for the body to neutralize and excrete toxins.

Kangen is a Japanese word meaning "Return to Origin." The use of the word is regulated in Japan by the Japanese government. In the US, *Kangen water™* is a trademark of Enagic USA, Inc. In order to be called Kangen, water must be alkaline, micro-clustered (hexagonal structure), pure, and have a high negative ORP, or oxidation-reduction potential. Kangen water has been used for more than 30 years in over 100 hospitals and medical clinics in Japan for its scientifically documented health benefits, and is approved as a medical device there. Enagic USA makes a home Kangen water™ generator, so hexagonal Kangen water™ is now available to US consumers using the same technology.

"Drinking four to six glasses of alkaline water a day will help neutralize over-acidity and over time will help restore your buffering ability. Like vitamins C, E and beta carotene, alkaline water acts as an antioxidant because of its excess supply of free electrons. This can help the body against the development of heart disease, strokes, immune dysfunctions, and other common ailments."

Dr. Susan Lark, MD

Author, *The Chemistry of Success*



"I had gained weight over several pregnancies, and despite diet and exercise was unable to lose it. My doctor advised me that I was showing signs of over-acidity and MUST reduce the acid levels in my body. Following his advice, I went on a strict alkaline diet of fresh, raw vegetables, but was still struggling to lose weight and achieve an alkaline state. I couldn't lose the weight until I started drinking hexagonal Kangen water. I have now lost over 50 pounds in 6 months and my body is now appropriately alkaline. It was the hexagonal Kangen water™ that made the difference."

M. P. Saratoga Springs, UT

Note: More verified testimonials are published at

www.KangenResearchReports.com

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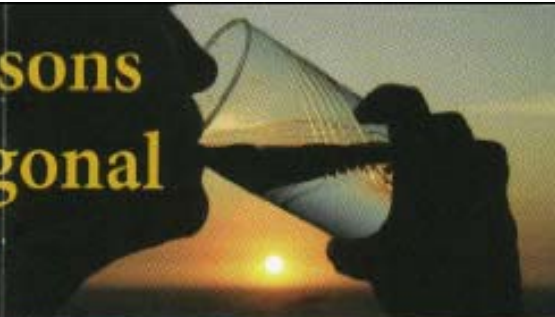
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Four Good Reasons To Drink Hexagonal Kangen Water™



Increase Hydration

The process of ionization reduces the size of the water molecular cluster by two-thirds. The cluster of water molecules takes on a hexagonal shape when ionized. Smaller, hexagonal water clusters are more able to penetrate the cellular membranes, enhancing tissue repair and waste removal. The amount of hexagonal water produced depends on the surface area of the electrolysis plates and the electrical power devoted to ionization.



Balance Body pH

Hexagonal Kangen water™ (produced by the Enagic LeveLuk SD501) raises tap water pH by ionizing or splitting the water molecule (H_2O) resulting in the ions H^+ (hydrogen with a positive electrical charge), and OH^- (hydroxyl with a negative electrical charge), as well as ionic alkaline minerals. This abundance of OH^- ions increases the bicarbonate buffers in the blood, balancing the body and neutralizing and excreting acids and toxins.



Increase Blood Oxygenation

Strong, fresh hexagonal Kangen water contains an abundance of hydroxyl ions (OH^-) which donate free electrons to unstable oxygen free radicals, resulting in stable oxygen molecules. According to experts, drinking hexagonal Kangen water on a regular basis will increase the amount of dissolved oxygen in the blood. Stable oxygen (a nonreactive oxygen molecule with evenly paired electrons – no electrical charge) provides us with mental alertness and is invigorating and energizing to the body.



Neutralize Free Radicals

Hexagonal Kangen water, with an abundance of hydroxyl ions (OH^-), provides extra electrons that neutralize destructive free radicals circulating throughout the body. Hexagonal Kangen water carries a high negative ORP (Oxidation-Reduction Potential) when it is first produced, making it a potent antioxidant. "When taken internally, the reduced ionized water with its redox potential, or ORP, of -250 to -350 mV readily donates its electrons to odd-ball oxygen radicals and blocks the interaction of the active oxygen with normal molecules," according to water researcher Dr. Hayashi.

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What the Experts Say

According to peer reviewed scientific studies that have been performed in well respected universities and hospitals around the world, drinking Kangen water can:

- Release excess body fat and stored toxins
- Normalize blood sugar and insulin
- Normalize blood pressure
- Support healthy colon function
- Resolve urinary tract infections
- Stop abnormal gastro-intestinal putrefaction
- Reduce proliferation of candida and fungus
- Reduce chronic pain



"The time to fix the barn is before the cow is dead, As the amount of disordered water in the body increases, survival rate declines. The more structured hexagonal water in the body, the healthier you will be. Several studies support the premise that consuming hexagonal water results in a general slowing of the aging process."

Dr. Mu Shik Jhon - Researcher and Author,
The Water Puzzle and the Hexagonal Key

"I think drinking hexagonal Kangen water is the most important thing a person can do for their health."

Dr. David Carpenter, ND

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Do Something for Yourself, Try This.

